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### **WELCOME!**

#### BY VALERIE JAUREGUI

The Working on Wellness Environments team wishes everyone a happy holiday and new year! We are looking forward to further pursuing ongoing projects and meeting virtually with our communities in the new year. We feel grateful to work with individuals who are on the frontlines of the COVID-19 pandemic, and all of our community champions motivated to make healthy changes in their community.

In this last newsletter of 2020, you can find pictures from the field, grant opportunities, and additional resources. As always, you can email us if you have any questions at valeria.jauregui@ag.tamu.edu

THE OFFICE WILL BE CLOSED FROM DECEMBER 23RD, 2020 JANUARY 4, 2021



### PICTURES FROM THE FIELD



RT Barrera gets water system installed



RT Barrera gets compost donated N Sure is with Victorino Cantu and 2 others at Rt Barrera Elementary.
7h · ③
Good morning! Check out our first batch

Good morning! Check out our first batch of grapes from our grapevines at RTB! May the blessings continue coming to our schools and communities! Many blessings to all



**Key Informant Interview** 

COMMUNITY MEMBER PARTICPATING IN KEY INFORMANT INTERVIEW



Meeting Virtually







**Business Planning Webinar** 



Zoom troubles!



Meeting Virtually

## GRANT OPPORTUNITIES

#### **ENVIRONMENTAL JUSTICE MINI GRANT**

The National Environmental Health Partnership Council, with support from the Centers for Disease Control and Prevention, is currently accepting applications for a technical assistance mini-grant program for community-based organizations fighting environmental justice. The project will provide technical assistance and a \$10,000 mini-grant to three communities. Learn more and apply <a href="here">here</a>.

#### STATE AND LOCAL POLICY CAMPAIGN GRANT FUNDING OPPORTUNITY

The Center for Science in the Public Interests is announcing a new funding opportunity for state and local advocates working to advance innovative policies to measurably improve the food environments in schools, restaurants, grocery stores, and in federal, state, and local programs to support public health, especially for low-income families and communities of color. Learn more and apply here.

#### 2021 FTS GRANT PROGRAM REQUEST FOR APPLICATIONS

The fiscal year 2021 Farm to School Grant Program is available! It will remain open until 11:59 PM ET on January 8, 2021. Eligible schools, and local agencies, Indian tribal organizations, and nonprofit organizations are eligible for FTS grants. Learn more about the application <u>here</u>.

#### **COMMUNITY GRANT (PEOPLE FOR BIKES)**

The PeopleForBikes Community Grant Program supports bicycle infrastructure projects and targeted advocacy initiatives that make it easier and safer for people of all ages and abilities to ride. Find more information <u>here</u>.





# RESOURCES



GUIDANCE FOR PERSONAL AND SOCIAL ACTIVITIES

CDC shares best practices for daily activities what to do if you do go out. Find tips and resources <u>here</u>.

### TDEM COVID-19 TESTING SITES

Texas Department of Emergency Management and the Department of State Health Services have created a map of COVID19 Testing Sites. Find your nearest one <u>here</u>.



### RECREATION GRANTS NOW OPEN

The Recreational Trails Program provides funding for both motorized and non-motorized recreational trail program. Applications will open November 1, 2020 with a deadline of February 1, 2021. You can find more information here.



Texas A&M Agrilife Extension has created a mini webinar on cleaning and disinfection guidelines in household settings for COVID-19. Check out the video webinar here.



#### **CLOTH FACE MASK STEPS**

Texas A&M Agrilife Extension's departments of Family & Community Health and Disaster Assessment and Recovery have created a video tutorial on how to properly put on, take off, and clean cloth face masks. Watch it here.





## HOW SHOULD PHYSICAL ACTIVITY MAKE YOU FEEL?

Howdy Health, an initiative of Texas A&M Agrilife Extension has a mini video on how you feel before and after physical activity matters. Watch it <u>here</u>!