

2016 TEAFCS Conference



July 26-28, 2016

Overton Hotel

Lubbock, Texas

Table of Contents

Registration & Hotel Information

Conference Schedule

Pre-Conference Sessions

The Art of ... Learning on the Go (Tours)

Speakers



PRAIRIE VIEW
A&M UNIVERSITY
COLLEGE OF AGRICULTURE
AND HUMAN SCIENCES

Cooperative Extension Program

FAMILY &
CONSUMER
SCIENCES



Creating Healthy & Sustainable Families

Educational programs of Texas A&M AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas cooperating.

Registration & Hotel Information

Registration

Full Conference Registration

TEAFCS Members: \$175 before June 1; \$200 between June 2 & July 1; \$225 after July 1

Non-Members: \$200 before June 1; \$225 between June 2 & July 1; \$250 after July 1

One Day Registration

\$100 Tuesday and Wednesday; \$50 Thursday

Lifetime Members

\$125

Retirees

\$175

Guest Tickets

Tuesday Lunch: \$30

Friendship Event (Tuesday Evening): \$40

Wednesday Breakfast: \$20

Thursday Brunch: \$23

Hotel

Overton Hotel

2322 Mac Davis Ln.

Lubbock, Texas 79401

806-776-7000

Price: \$129/night

Code: 072515AGRI when booking online

Texas Extension Association of Family and Consumer Sciences when booking by phone

Nights: Monday, July 25 to Thursday, July 28 (check out Thursday)

Conference Schedule

TUESDAY, JULY 26, 2016

9:00 - 5:00	Registration
9:00 - 11:30	Pre Conference Sessions (including HR Retirement – individual appointments will be available as well, Canning 101 and Personal Safety – hands on)
9:30 – 11:30	TEAFCS Board Meeting
10:00 – 5:00	Exhibits
11:00 – 11:30	First Timers – Hospitality
11:30 – 12:30	Lunch
12:45 – 2:30	OPENING SESSION - Welcome Administrative Remarks Key Note Address - Mark Yarbrough
2:45 – 3:00	Break – Visit Exhibits
3:00 – 3:45	Concurrent Sessions
4:00 – 4:45	Concurrent Sessions
5:30 --	Friendship Event (Triple J's & Cactus Theater – Depot District)
8:30 – 10:00	Hospitality Open – Desserts

WEDNESDAY, JULY 27, 2016

7:00	Yoga with Wendy
8:15	Breakfast
8:45 – 10:30	Business Meeting (Includes installation of new officers)
10:30 – 10:45	Break
11:00 – 4:00	Tours (will include lunch) - Tracks include: Health; Foodie; Sewing/Textiles; Consumer; FPM; Wine/Art; Home Mgt/Design; Past President's Reception (invitation only)
4:30 – 6:00	
<i>Evening on Your Own</i>	
7:30 – 9:00	Hospitality Open – Wine Tasting

THURSDAY, JULY 28, 2016

7:00	Yoga with Wendy
7:30 – 9:00	TEAFCS New Board Meeting
9:00 – 12:00	CLOSING SESSION Breakfast Awards Ceremony Cap Note Address – Brian Thompson Invitation for 2017 Conference Closing Remarks

Pre-Conference Sessions

Personal Safety

Caitlin Jackson, CEA-AgNR Crosby County, is a NRA Refuse to be a Victim instructor and avid women's self-defense enthusiast. She teaches tactics for using pepper spray, stun guns, and simple hand-to-hand combat. In this session, you will learn easy, hands-on maneuvers for protecting yourself.

Basics of Preserving Foods

Preserving foods at home is fast becoming a trend again. This pre-conference session will offer a highlight of home preserving. You will learn where to go with questions, why an in-depth class is important, and what some trends are, and how to answer questions on them.

Retiring for Texas A&M AgriLife Extension Service

Representatives from Texas A&M AgriLife Extension Service Human Resources will conduct an overview of retirement. This session will be covering the ins and outs of how retirement works, important dates you need to know, and everything else about retirement. Representatives will also be available Tuesday afternoon and Wednesday morning for individual sessions.

Meet with Human Resources Private Sessions Dana Dewveall will be booking private sessions during Tuesday afternoon and Wednesday morning. Please contact her to sign up for these sessions at dana.dewveall@ag.tamu.edu.

Learning on the Go

The Art of Wellness

Are you stressed? Do you have trouble sleeping? Do you miss out on social interaction because of being on your phone? Do you wish you could go back to a simpler way of life? Well, it is time to take back your life! Through hands-on activities, we will focus on social, emotional, intellectual, and physical wellness. These strategies are great for you as a County Extension Agent as well as for our adult and youth clientele.

The Art of Fabric and Textiles

This on-the-go experience will take you to a local fabric shop where you will have hands-on experiences learning about fabric selection, what works for different projects, and sewing and quilting machines.

The Art of Consumer Decision Making

Learn about the art of creative consumerism at Lubbock's Cactus Alley Courtyard, a nostalgic, cozy, and fun shopping atmosphere. For this on-the-go experience, you will have lunch at one of the restaurants in the courtyard. You will hear from the owner of Cactus Alley Courtyard on the history of the location, the ways it is helping economic development, and how this environment benefits consumers followed by a visit to the businesses in the courtyard to learn about their unique stores.

The Art of Food Protection

Texas Tech University offers educational experiences through courses on Food Management and Food Science. Travel to Texas Tech and eat lunch at COWamungus, a restaurant and retail store offering meats and dairy products processed in the building, followed by a presentation from Texas Tech personnel on food protection management issues growing in our world today.

The Art of Art and Wine

Learn about Wine and Art on the South Plains. You will explore the Tornado Art Gallery, an interactive art space and learn about various art being made in Lubbock. Enjoy a buffet lunch at La Diosa Cellars just around the corner followed by a McPherson Cellars Private Tasting experience where you will learn about the process of growing grapes in Texas, making wine, food pairings, and about the two generations of McPherson families in the wine industry.

The Art of Home Décor

If you like to be creative, decorate your own home, and learn tips, this is the tour for you. You will learn and have hands-on experience with chalk painting and floral design. This tour is limited and will cost an extra \$20.

The Art of Food Appreciation

If you like good food, ice cream, and coffee, you won't want to miss this Foodie Tour. You will enjoy lunch at a local gastropub and learn all about this type of establishment. You will also get to enjoy an authentic, old school soda fountain, with samples, and enjoy a taste of coffee to end the session.

Speakers

Opening Session

Suffer from BURNOUT? Give 'Em the F.I.N.G.E.R! - Mark Yarbrough

Mark will share his motivational story. Mark was born in Austin, Texas. He has been married to his high school sweetheart, Jerry, for over 29 years, and they had two children, Alex and Ashley. Mark graduated from Abilene Christian University with a degree in finance. While raising a family, Mark went to Texas Tech School of Law. In 1993 he was elected as the County & District Attorney of Lamb County, Texas, and has since been elected to serve five terms or 20 years. He retired as District Attorney at the end of 2012. Mark enjoys playing basketball and golf and vacationing on the beaches of the Caribbean.

Closing Session

Bryan Thompson

Bryan has been with Tyler Technologies since 2002 and has served in many roles with the company. He is a student of Leadership and Management, and along with his passion for his marriage, martial arts, and soccer with his boys, he is extremely passionate about growing others on their journey to leadership. He continues to actively help build future leaders; works to grow a dynamic and positive culture; and works to help others see their life's work as more meaningful, fulfilling, and rewarding. Bryan has been married to his wife, Shelli, for 22 years and has two boys, Bryce and Brock.